





Material for the Student's Forever File

Table of Contents / Social & Soft Skills

SESSION NAME	LENGTH of SESSION (minutes)	iStudyforSuccess	MAKE	FOREVER
Etiquette in Class	20-30	х		
RESPECT!	40-50	Х		х
Personal Hygiene	20-30	Х		
Greeting Others/Remembering Names Creating a Conversation	40-50	х	х	х
Telephone/Texting Manners	35-45	X		
Body Language/Eye Contact/Personal Space	40-50	x		
Being of Service	45-55	х	х	
Being a Courteous Guest	40-50	х		
Idioms Break a Leg!	50-60	х	х	
Empathy vs. Sympathy	35-45	х		
Self-Monitoring/Patience	30-40	х	х	
Active Listening	40-50	х	Х	Х
Communication/Know Your Audience	75-85	х	х	Х
Support/Compliments/Apologies	45-55	х		Х
Positive Attitude/Gratefulness	60-70	х	х	Х
Trustworthiness	50-60	х		
Creativity	60-75	х	х	х
Responsibility/Accountability	40-50	х		Х
Flexibility	50-60	х		
Commitment/Timeliness	40-50	х	х	Х
Honesty/Integrity	50-60	х	х	Х
Being a Team Player	70+	х		
Giving and Accepting Constructive Feedback	30-40	Х		
Self-Confidence	45-55	Х	Х	х
Being a Great Role Model/Your Reputation	45-55	Х		
Persistence/Receiving NO as an Answer	35-45	Х		
Leadership	60-70	Х		
GRIT!	40-50	х	Х	Х